# **5** TREATMENT CATEGORIES of TCLP



COGNITIVE/INTELLECTUAL CATEGORY

Session on Relapse and Relapse Prevention



RELATIONAL/BEHAVIOR MANAGEMENT CATEGORY

Morning Meeting



PSYCHOMOTOR/VOCATIONAL-SURVIVAL CATEGORY

DOLE livelihood project turned-over to qualified clients



AFFECTIVE/EMOTIONAL-PSYCHOLOGICAL CATEGORY

Commitment Ritual



**SPIRITUAL CATEGORY** 

Spiritual Enrichment

Department of Justice PAROLE AND PROBATION ADMINISTRATION

# THERAPEUTIC COMMUNITY LADDERIZED PROGRAM



For more information, you may contact the Field Office below.

"You alone can do it, but you can't do it alone."

#### REHABILITATION PROGRAM

It is an individualized community-based three-pronged approach to crime prevention and treatment of offenders with RESTORATIVE JUSTICE as its philosophical foundation, THERAPEUTIC COMMUNITY as the treatment modality, and Volunteers as lead community resources.



# THERAPEUTIC COMMUNITY MODALITY

Therapeutic Community (TC) in the DOJ-PPA program for the rehabilitation of offenders is a Self-Help Social Learning Treatment Modality that uses the TC Family/Community of staff (PPOs and VPAs) and clients as the primary therapeutic vehicle to foster behavioral and attitudinal change. Its rules and norms, shared beliefs, tools and processes combine to enable clients to actively work toward their individual goals for "right living".

Held in a community-based non-residential setting, it addresses clients' individual and group needs through a holistic/multi-disciplinary range of activities/interventions within the five (5) treatment categories: Relational/Behavior Management, Affective/Emotional-Psychological, Cognitive/Intellectual, Spiritual, and Psychomotor/Vocational-Survival Skills.

It integrates RJ principles and practices and mobilizes the involvement of the general public through the VPAs.



### PHASE 2 PRIMARY TREATMENT

#### focus and develop

- · effect behavioral change
- developed client initiative & self discipline

## 4 PHASES of TCLP





PHASE 3
IMMERSION

#### internalize and apply

- established self-sufficiency
- utilized skills and intellectual capacity
- economically productive, contented and stable

#### live and sustain

- TC Strength
- Role Model
- Sustained lawful means of livelihood
- applied adequate literacy skills
- improved interpersonal relationship
- productive member of the community

## secure commitment & building foundation

PREPARATORY STAGE &

PHASE 1 ORIENTATION

- assimilated into the TC culture
- acquired understanding of the program, beliefs, tools and roles as a TC Family member

TCLP Phases integrates TC tools, norms and methods with probation and parole requirements, implemented in progressive phases within the non-residential community-based setting.